

Update of PRTF/RTC Designation

History of PRTFs/RTCs

- Prior to September 2009, Medicaid enrolled and made payment to both residential treatment centers (RTCs) and psychiatric residential treatment facilities (PRTFs).
 - A PRTF is a separate, stand alone entity providing a range of comprehensive services to treat the psychiatric condition of residents on an inpatient basis under the direction of a physician.
 - RTCs provide a mixed level of service to children who do not need the intensive services of a PRTF.
- PRTFs are now the only IMDs (Institutions for Mental Disease) that are eligible to receive Medicaid payment and receive federal match, per the Centers for Medicare and Medicaid Services (CMS) guidelines.
- Enrolled PRTFs receive an all-inclusive per diem rate from Wyoming Medicaid.
- All PRTFs must meet the requirements under 42 CFR Part 483 Subpart G regarding the Condition of Participation for the Use of Restraint and Seclusion in PRTFs and 42 CFR Part 441 Subpart D regarding Inpatient Psychiatric Services for Individuals Under Age 21 in Psychiatric Facilities or Programs.

Medicaid Enrolled PRTFs

- Currently, there are 4 in-state PRTFs and 24 out-of-state PRTFs enrolled with Wyoming Medicaid. The out-of-state PRTFs are located in Montana, Colorado, South Dakota, Utah, Alabama, Iowa, Kansas, New Mexico, Tennessee, Georgia, and South Carolina.
 - In-state PRTFs:
 - St. Joseph's Children's Home- Torrington, WY
 - Wyoming Behavioral Institute- Casper, WY
 - Normative Services, Inc.- Sheridan, WY
 - YES House- Gillette, WY
- In SFY09, Wyoming Medicaid paid over \$27,000,000 in out of home PRTF/RTC placements (both in and out-of-state) for over 500 unduplicated Medicaid eligible clients.
- The average length of stay for a PRTF placement is 3-6 months.

Admission Criteria

Wyoming Medicaid contracts with APS Healthcare to perform prior authorizations, continued stay reviews, case management, health coaching, etc. for clients in a PRTF (as well as case management and health coaching for all Medicaid clients). Admit criteria must include all of the following:

- The client presents with a longstanding (at least 6 months) psychiatric diagnosis characterized by symptoms that are persistent and pervasive; examples, emotional distress, regression, depression, impaired reality testing.
- There are documented attempts to treat the client with the maximum intensity of services available at a less intensive level of care that cannot meet or has failed to meet the needs of the client within the past 6 months.
- Examples of patterns of behavior that must be present: aggressiveness and/or explosive behavior; persistent, pervasive and frequently occurring oppositional/defiant behavior; extreme social isolation.
- Without intervention, there is clear evidence that the client will likely decompensate and present a risk of serious harm to self or others.

PRTFs are not to be the entry point for clients to receive inpatient psychiatric services.

Discharge Planning

Discharge planning must begin on the date of admit into a PRTF.

Discharge planning must include:

- An assessment of problem areas related to maintaining improvement achieved at this level of care.
- Arrangements for appropriate therapeutic services following discharge to assist the client in maintaining improvement achieved at this level of care.
- Documentation must indicate active planning in identifying wraparound services in the community- for example, outpatient therapy at the local community mental health center or services provided by the Children's Mental Health Waiver.

Important Contact Information

PRTF referrals, prior authorizations, continued stay reviews, discharge planning, case management:

APS Healthcare- 1-888-545-1710

Provider Services Manager- EqualityCare- PRTF Services:

Sara Walk- sara.walk@health.wyo.gov, 307-777-7257

Wyoming Medicaid client eligibility questions, claim/billing assistance, payment issues:

ACS, Inc.- 1-800-251-1268 or 307-772-8401